Region 5 Regional Trauma Advisory Committee

Stop the Dying: Rescue Task Force Warm Zone Care

2023 Public Safety Conference Georgia Public Safety Training Center



R5TRAUMA EDUCATION & OUTREACH TEAM

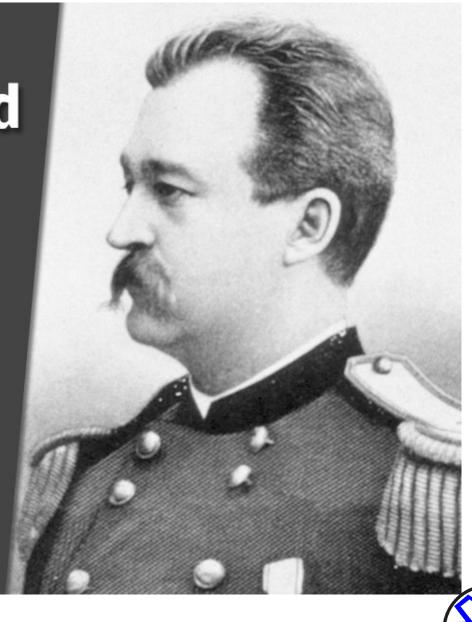
Serving Baldwin, Bibb, Bleckley, Crawford, Dodge, Hancock, Houston, Jasper, Johnson, Jones, Laurens, Monroe, Montgomery, Peach, Pulaski, Putnam, Telfair, Treutlen, Twiggs, Washington, Wheeler, Wilcox, and Wilkinson counties.

Welcome!



"The fate of the wounded lies in the hands of the ones who apply the first dressing"

Dr Nicholas Senn (1844 – 1908)
Founder of the Association of Military
Surgeons of the United States





By the Numbers

2021	2022	
61 in 30 states	50 in 25 states + DC	Total Incidents
243 103 Killed 140 Injured	313 100 Killed 213 Wounded	Casualties (excluding Shooters)
2	1	Law Enforcement Officers Killed
5	21	Law Enforcement Officers Wounded
12	13	Met "Mass Killing" Definition
17	9	Incidents Where Law Enforcement Engaged Shooters
60 male 1 female	47 male 1 female 1 nonbinary 1 unidentified	Shooter Gender
2	4	Shooters Wore Body Armor
11	9	Shooters Committed Suicide
14	7	Shooters Killed by Law Enforcement
4	2	Shooters Killed by Citizen
30 1 at large	29 3 at large	Shooters Apprehended by Law Enforcement

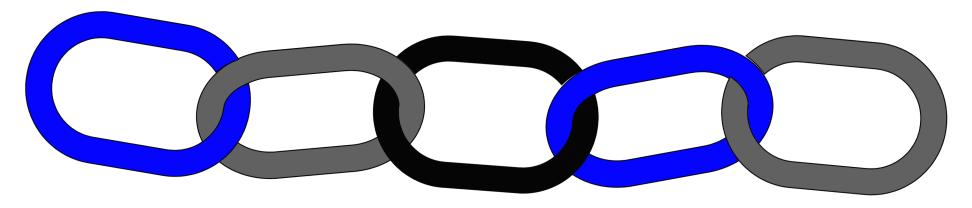
Complete the Mission

Immediate Responders

Non-Medical First Responders

Medical First Responders **Emergency Medicine**

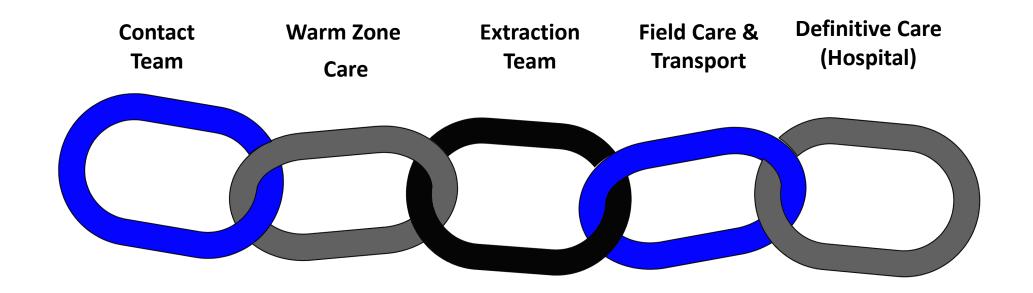
Trauma Surgery & Critical Care



TECC CHAIN OF SURVIVAL



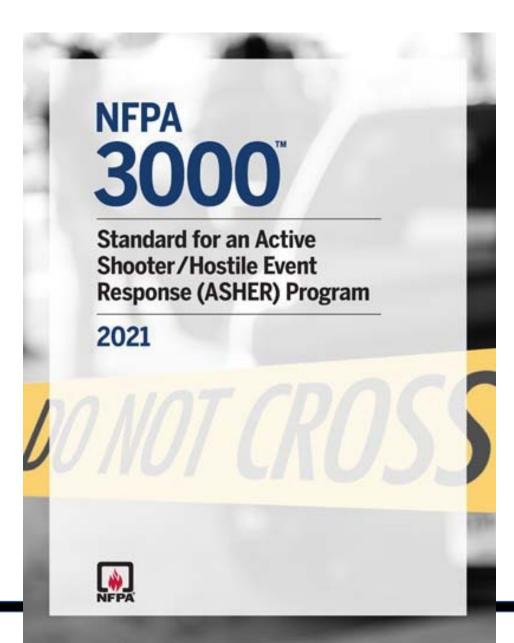
Patient Survivability



ASHER TOOLBOX OF SURVIVAL

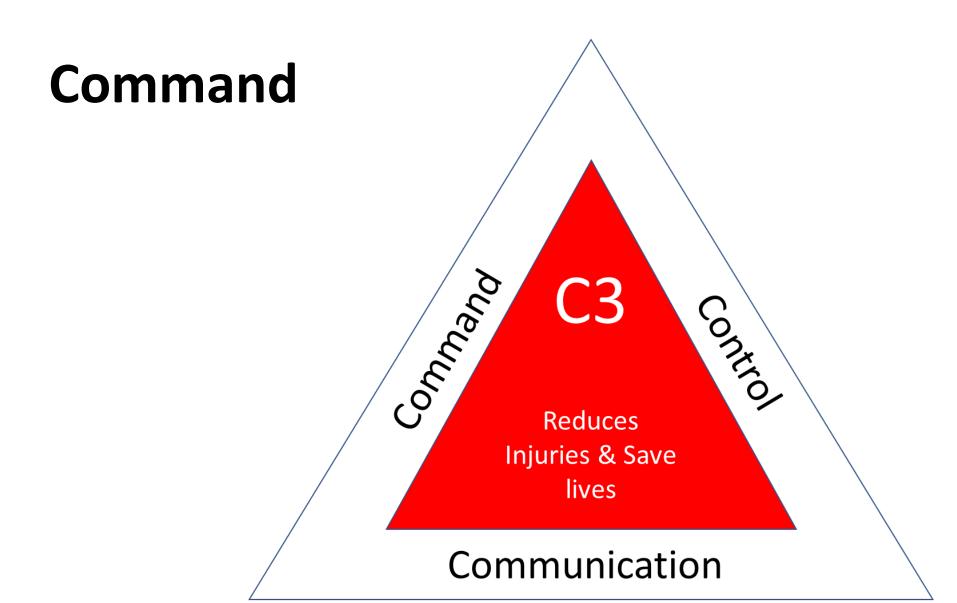


NFPA 3000













Plug for Unified Command

- What is it?
- Command <u>must</u> be Unified
 - Lack of Unified Command creates communication issues, which is a problem for warm zone care
- Takes priority over other items such as perimeters, traffic control, etc.
- Unified Command Post
 - Co-located
 - Make-up
 - Law Enforcement
 - Fire
 - EMS
 - Location Representative

Early Establishment!!!



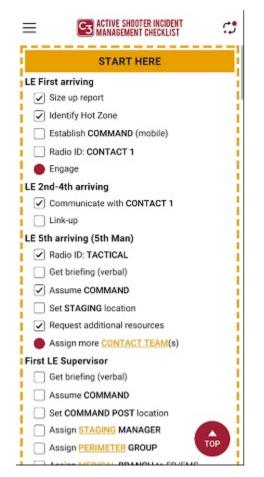
Active Shooter Incident Management Checklist

PATHWAYS

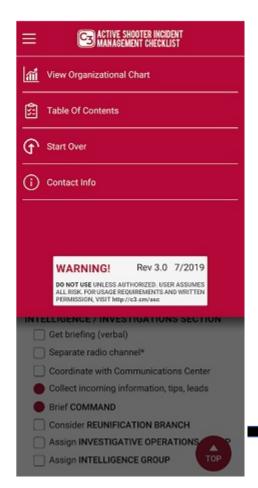
RAINING, EXERCISES, CONSULTING.



Apple









Android



Law Enforcement Fire / EMS **Multi-Discipline** START HERE LAW ENFORCEMENT BRANCH MEDICAL BRANCH **STAGING** LE First arriving [] Get briefing (verbal) [] Get briefing (verbal) [] Check-in and list resources [] Size up report [] Co-locate with MEDICAL BRANCH [] Request additional resources [] Give resources assignment, location, and channel [] Identify Hot Zone [] Coordinate with INTELLIGENCE SECTION [] Assign TRIAGE GROUP [] Prioritize assignments as directed [] Establish COMMAND (mobile) [] Assign TRANSPORT GROUP [] Maintain minimum resources as directed TACTICAL GROUP [] Co-locate with LAW ENFORCEMENT BRANCH [] Radio ID: CONTACT 1 [] Coordinate CONTACT TEAM(s) LEAD PIO (JOINT INFORMATION CENTER) [] Consider TREATMENT GROUP [] Engage [] Prioritize 1Threat, 2Rescue, 3Clear [] Establish JOINT INFORMATION CENTER [] Update Hot and Warm Zones TRIAGE GROUP LE 2nd-4th arriving [] Establish Media Staging Area [] Update casualty information to Triage Group [] Get briefing (verbal) [] Clear all messaging and releases with COMMAND [] Communicate with CONTACT 1 [] Stand-up RESCUE TASK FORCE(s) [] Announce Reunification site when authorized [] Link-up [] Co-locate with TACTICAL GROUP CONTACT TEAM LE 5th arriving (5th Man) REUNIFICATION BRANCH [] Contain or neutralize threat [] Get operable areas, routes, and Casualty [] Radio ID:TACTICAL Collection Point location(s) [] Update location as moving [] Get briefing (verbal) [] Select Reunification Location [] Get briefing (verbal) [] Deploy RESCUE TASK FORCE(s) [] Report casualty locations, numbers [] Location approved by INTELLIGENCE SECTION [] Assume COMMAND [] Establish Casualty Collection Point(s) [] Notify DISPATCH of Location Not for public release RESCUE TASK FORCE[†] [] Set STAGING location [] Assign REUNIFICATION STAGING MANAGER [] Assemble team and equipment [] Request additional resources PERIMETER GROUP [] Notify TACTICAL when deploying [] Request additional resources [] Assign more CONTACT TEAMs [] Separate radio channel* [] Assign SERVICES GROUP [] If not done, establish Casualty [] Establish INNER PERIMETER First LE Supervisor [] Assign ACCOUNTABILITY GROUP [] Establish OUTER PERIMETER Collection Point(s) [] Get briefing (verbal) [] Assign ASSEMBLY GROUP [] Rapidly assess casualties [] Notify INTELLIGENCE SECTION when ready to announce Location to public [] Assume COMMAND [] Report counts to TRIAGE GROUP INTELLIGENCE / INVESTIGATIONS SECTION [] Set COMMAND POST location [] Identify Ambulance Exchange Point [] Get briefing (verbal) REUNIFICATION SERVICES GROUP [] Separate radio channel* [] Assign STAGING manager and confirm with TACTICAL [] Coordinate with Communications Center [] Coordinate casualty evacuation [] Assign Set-up Unit [] Assign PERIMETER GROUP [] Assign Law Enforcement Unit [] Collect incoming information, tips, leads [] Assign MEDICAL BRANCH to FD/EMS [] Assign Transportation Unit [] Brief COMMAND TRANSPORT GROUP Second LE Supervisor [] Assign Medical Unit [] Consider REUNIFICATION BRANCH [] Get briefing (verbal) [] Get briefing (verbal) [] Establish Family Assistance Center Assign Investigative Operations Group [] Co-locate with TACTICAL GROUP [] Assume COMMAND [] Assign INTELLIGENCE GROUP REUNIFICATION ACCOUNTABILITY GROUP [1 Determine routes [] Request additional resources [] Separate radio channel* [] Assign Accountant Unit Designate First LE Supervisor as [] Get Hospital capacity count [] Assign Checker Unit LAW ENFORCEMENT BRANCH [] Transport casualties from Ambulance [] Assign Greeter Unit [] Assign INTELLIGENCE SECTION Exchange Point(s) [] Assign Reunifier Unit [] Assign LEAD PIO to establish [] Target 3 per ambulance (1ea Red/Yel/Grn) [] Assign Exit Control Unit **JOINT INFORMATION CENTER** [] Distribute to Hospitals REUNIFICATION ASSEMBLY GROUP [] Keep Transport Log [] Assign Class Leader Unit | First FD/EMS Supervisor [] Assign Nutritional Support Unit [] Go to COMMAND POST *Leader monitors two channels, their channel and the [] Consider Entertainment Unit [] Request MEDICAL BRANCH assignment assigned BRANCH / COMMAND channel. Target minimum staffing 2 LE, 2 Medical for each RTF. ©Copyright 2019, Str. C3 Pathways, Inc. All rights reserved. May NOT be duplicated or USED without written permission.

Improvised Explosive Device (IED)

DISCOVERY or DETONATION [] Announce "Bomb Cover" or "Bomb Go" [] Secondary threat scan (device, 5ft, 25ft) [] Maintain 540° scan [] NEVER TOUCH Bombs [] Bombers are Bombs CONTACT and RESCUE [] Consider threat to life and alternate route [] Mark (Chem Lights) and bypass [] Provide security element if possible **EXPOSED SURVIVOR RESCUE** [] Direct survivor movement explicitly [] View area for secondary threats [] Establish narrow cordon in/out of area [] Provide Direct Threat Care only [] Evacuate to standoff / Isolate / Barricade

FROM RADIO SAFE DISTANCE (300ft or standoff)

- [] Report IED location, description, size
- [] Report action taken
- [] Request Bomb Squad

NO SURVIVORS THREATENED

- [] View area for secondary threats
- [] Reposition personnel to safe standoff
- [] Report impact to assignment and priority
- [] Cordon off 360° device kill zone
- [] Control cordon security awaiting Bomb Squad

Standoff Distance

	Minimum	
Size	with Cover	Preferred
5 lb	70 ft	1200 ft
20	110	1700
50	150	1850
1000	400	2400
	5 lb 20 50	5 lb 70 ft 20 110 50 150

*See Help Guide and DHS reference for IMPORTANT information.

ACTIVE SHOOTER INCIDENT MANAGEMENT CHECKLIST

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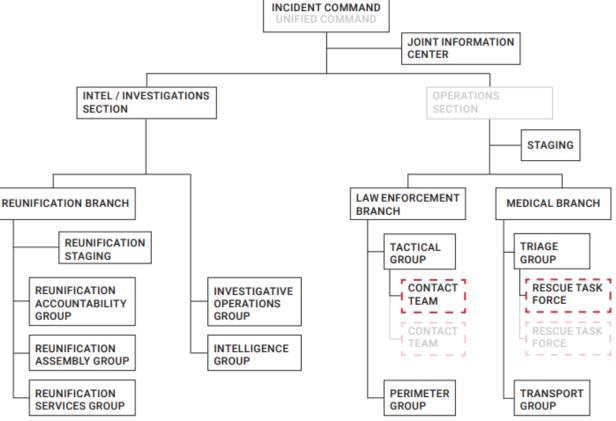


Fig 1. Active Shooter Incident Command Organizational Chart

WARNING! Rev 3.0 7/2019

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START ON OTHER SIDE



Understanding T H R E A T



Threat Suppression	Hot Zone
<u>H</u> emorrhage Control	Hot/Warm Zone
Rapid Extrication	Warm Zone
Assessment by medical providers	Cold Zone
Transport to definitive care	Cold Zone



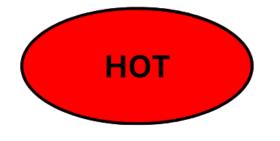


Understanding T H R E A T

Direct Threat Care

Indirect Threat Care

Evacuation Care



Contact Teams



Rescue Task Force
Protected Island
Protected Corridor
Rescue Strike Team
Law Enforcement Rescue

SAFE Hospital/
Trauma Center

<u>T</u>hreat Suppression

<u>H</u>emorrhage (Bleeding) Control<u>R</u>apid <u>E</u>xtrication

<u>A</u>ssess Patient <u>T</u>ransport to Hospital



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Zones of an ASHE Event







"Traditional Response"

- Columbine, April 20, 1999
- Virginia Tech, April 16, 2007
- Fort Hood, Nov 5, 2009
- Sandy Hook, Dec 14, 2012

- Aurora, July 20, 2012
- Parkland, Dec 14,2018
- Pulse Night Club, June 12,2016
- Uvalde, May 24, 2022





Goals of a Contact Team

- Make rapid entry, limit trigger time and "Killing Clock / Stopwatch of death"
- ? Bypass injured
 - Report back wounded
 - DO NOT perform search and rescue



Converting Hot zone to Warm zone



Goals of Warm Zone Care

Treat Casualties

Extract Casualties

Complete the Mission





Treat the Casualties

Massive Hemorrhage

<u>A</u>irway

<u>R</u>espirations

Circulation

Head Injury & Hypothermia





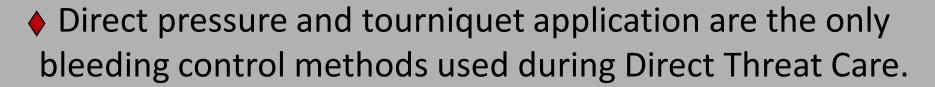
MARCH Refresher



M.A.R.C.H. - <u>Massive Hemorrhage</u>

Control life-threatening bleeding

- Tourniquet ◆
- Direct Pressure
- Wound Packing







M.A.R.C.H. - Airway

Establish and maintain a patent airway

- Patient Positioning
- Manual Airway Maneuvers



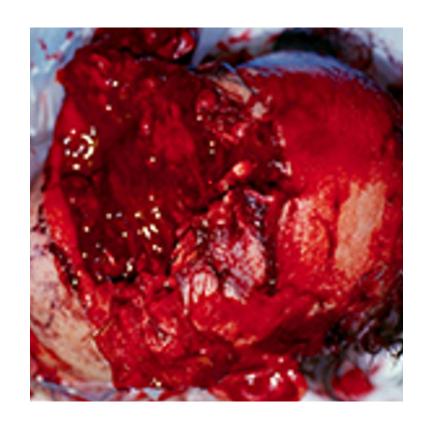
Only treatment applied during Direct Threat Care.



M.A.R.C.H. - Airway

Patient Positioning •

 Casualties with severe facial injuries can often protect their own airway by sitting up and leaning forward.



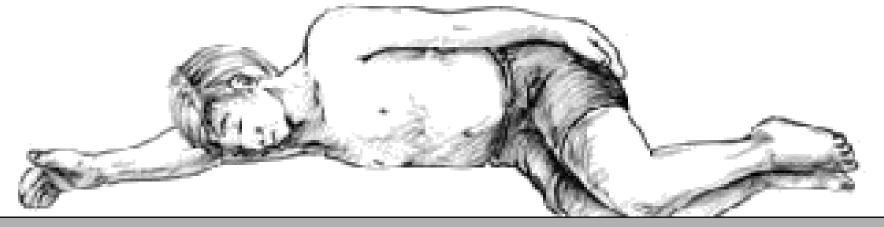
Only treatment applied during Direct Threat Care.



M.A.R.C.H. - <u>Airway</u>

Patient Positioning •

Modified Recovery Position



Only treatment applied during Direct Threat Care.



M.A.R.C.H. - Respirations

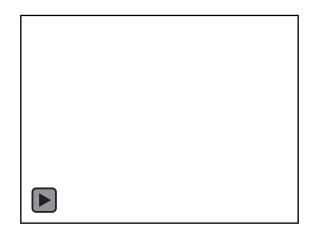
Locate and treat injuries that are causing difficulty breathing

- Expose the chest and back
- Apply a vented chest seal to all wounds to the torso





M.A.R.C.H. - Respirations



Sucking Chest Wound

- Wound may interfere with ventilation.
- Treat by applying a vented chest seal over the open wound.
- Allow the casualty to adopt the sitting position if breathing is more comfortable.





M.A.R.C.H. - Circulation

The best indicators of shock in Indirect Threat Care phase are:

- Decreased level of consciousness (in the absence of a head injury)AND/OR
- Abnormal character of the radial pulse (weak or absent)





M.A.R.C.H. - Circulation

Check for signs of shock

- Does the injured person have a radial pulse? Is the casualty alert?
- Be sure all bleeding is controlled, have or help the patient lie down.







Prevent/treat hypotension and hypoxia to prevent worsening of traumatic brain injury (TBI), and prevent/treat hypothermia



M.A.R.C.H. - Hypothermia

Keep the patient warm – decreasing body temperature inhibits the body's ability to clot

Constantly reassess patient to assure bleeding is controlled, airway remains patent, and shock is treated





Armed with MARCH, How do we safely (?) get to our patients?



How do we get to do Warm Zone care?

- Rescue Task Force
 - "Escorted Warm Zone Care"
- Protected Island
- Protected Corridor
- Police Rescue
- Rescue Strike Team?

Each method is a "tool" in the joint response "toolbox."

No single type is *THE* answer.



How do we get to do Warm Zone care?

Rescue Task Force

- "Escorted Warm Zone Care"
- Protected Island
- Protected Corridor
- Police Rescue
- Rescue Strike Team?

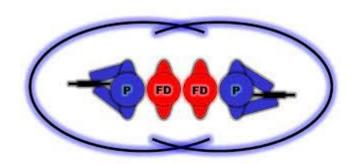
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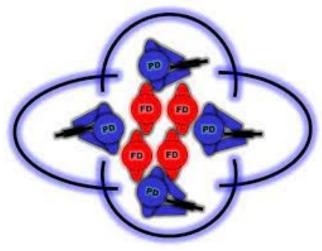
No single type is <u>THE</u> answer.



Rescue Task Force

- Teams of Fire / EMS and police officers assembled for the purpose of providing rapid patient treatment within the Warm Zone
- RTF Teams operate under control of the Fire / EMS Incident Commander
- Optimally comprised of 4 law enforcement, 2 fire service personnel
 - Depends on local protocol







RTF Timeline

- 5-60 minutes
- Should be the immediate priority of Fire Department Incident Commander
- Can operate concurrently with Contact Teams



RTF Zone of Operation

- Very Warm to Mildly Warm
- Scalable to environment
- Must have geographic separation between Warm / Hot Zones



RTF Responsibilities Law Enforcement

- Physical security for medical personnel
- Choose fastest, safest route to point of wounding
- Establish Immediate Action Plan in case Warm Zone turns into Hot Zone
- Assist with medical treatment, if possible
- Communicate with Fire/EMS





RTF Responsibilities Fire Service

- Move within security "bubble" established by law enforcement
- Prioritize treatment at point of wounding
- Work with law enforcement to establish evacuation plan
- Communicate with law enforcement







RTF Setup

- T/Y formation
- 2+ firefighters stacked behind center officer
- Grab officers vest / shirt
 - Pros / cons
- Provide physical body blocks for firefighters
- Lead law enforcement stay ½ threshold ahead

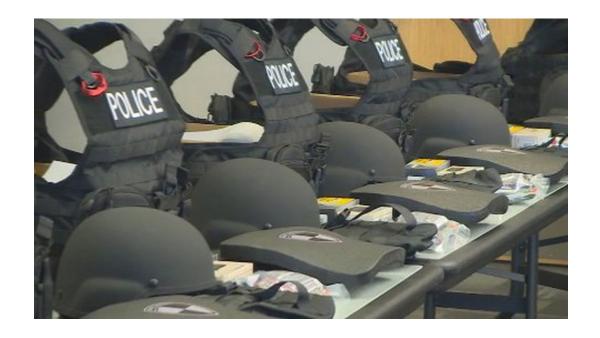
- Firefighters scan for:
 - Threats
 - Cover Positions
 - More Patients
- Actions upon contact

Communication!



RTF Equipment Law Enforcement

- Duty gear
- Weapon system
- Ballistic protection
- Police markings on 4 sides
- Radio





RTF Equipment Fire Service

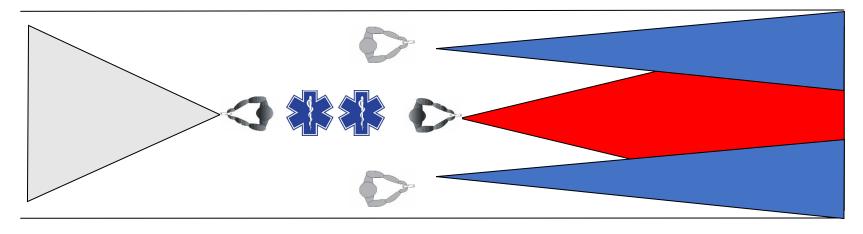
- Medical equipment (TECC specific)
 - MARCH
- Body armor, if issued
 - Helmet
 - Vest/Plate Carrier (level 3A)
- Radio







"Traditional" Diamond Pattern





POINTMAN



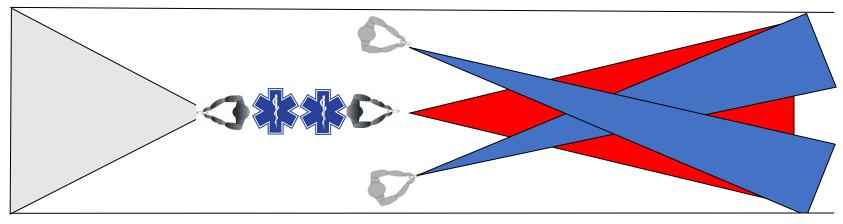
L/R COVER



REAR SECURITY



"T-Y" Formation





SWINGMAN/TEAM LEADER



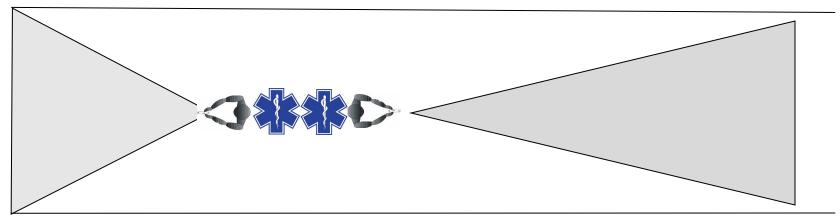
L/R COVER



REAR SECURITY



Line Formation





SWINGMAN/TEAM LEADER



FIRE/EMS



REAR SECURITY



RTF Pros / Cons

Pros

- Hasty point of wounding care
- Highly mobile
- Scalable
- Requires few law enforcement assets
- Short term solution
- Multiple teams can be deployed to multiple areas

Cons

- Limited number of medical personnel
- Less efficient for mass casualty
- Requires joint training
- Limited amount of medical supplies at the point of wounding



How do we get to do Warm Zone care?

- Rescue Task Force
 - "Escorted Warm Zone Care"
- Protected Island
- Protected Corridor
- Police Rescue
- Rescue Strike Team?

Each method is a "tool" in the joint response "toolbox."

No single type is <u>THE</u> answer.



Protected Island

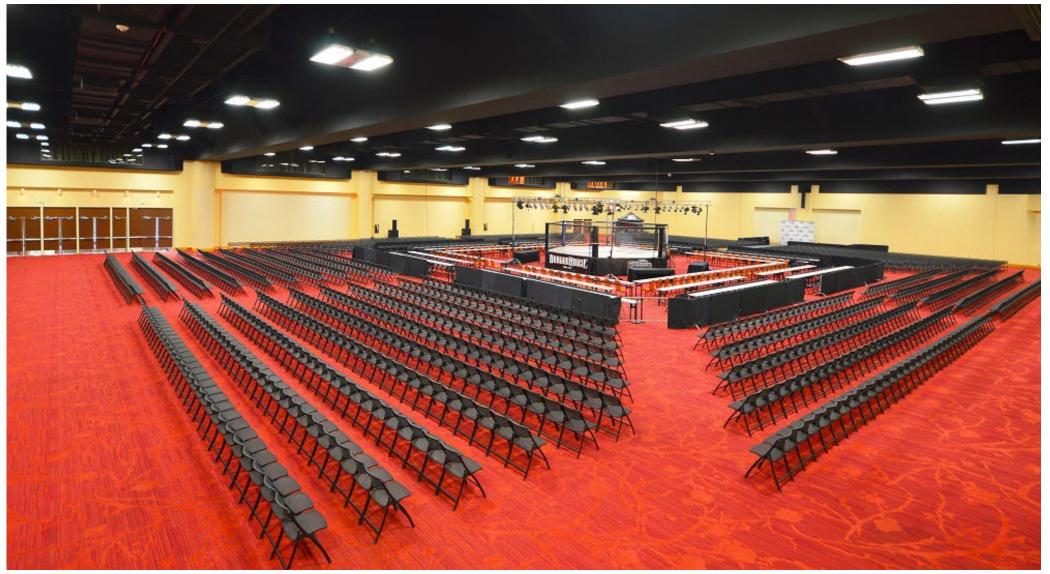
- An interior casualty collection point secured by law enforcement within the Warm Zone
- Law enforcement can conduct rescue operations to move patients from unprotected areas to the Protected Island
- Medical personnel may enter and exit the Protected Island via a Protected Corridor or, if necessary, RTF
- Medical personnel may move freely within the Protected Island



Protected Island Zone of Operation

- Very Warm Mildly Warm
- May be surrounded by Hot-Warm Zones
- Must have geographic limits











Protected Island Command and Control

- Protected Island can be established by:
 - Law Enforcement units already on scene
 - Rescue Task Force members responding into the scene
- Protected Island must have someone in charge
 - Ensure coverage areas are maintained
 - Serve as ad hoc Interior Division Supervisor



Protected Island Equipment

Law Enforcement

- Duty gear
- Weapon system
- Ballistic protection
- Police markings (4 sides)
- Radio

Fire Service

- Medical equipment (TECC specific)
- Body armor (if issued)
- Radio



Protected Island Responsibilities

Law Enforcement

- Physical security for the Protected Island and all inside
- Coverage of ingress / egress points
- Establish Immediate Action Plan in case Warm Zone turns Hot
- Assist with medical treatment, if possible
- Communicate location with Command

Fire Service

- Provide medical care within the Protected Island
- Communicate with Law Enforcement
- Consider utilizing mini-RTFs to bring patients from outside into the Protected Island



Protected Island Pros / Cons

Pros

- Most efficient way to treat large amount of patients
- Medical personnel can move freely within Island
- Many medical personnel / equipment can operate
- Can be achieved with limited number of Law Enforcement
- Can be immediately established on scene by contact team personnel

Cons

- Must have contained area to establish
- Need to utilize RTF or Protected Corridor to escort medical personnel into/out of the Island
- May require large amount of rescue personnel for extraction



How do we get to do Warm Zone care?

- Rescue Task Force
 - "Escorted Warm Zone Care"
- Protected Island
- Protected Corridor
- Police Rescue
- Rescue Strike Team?

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Protected Corridor

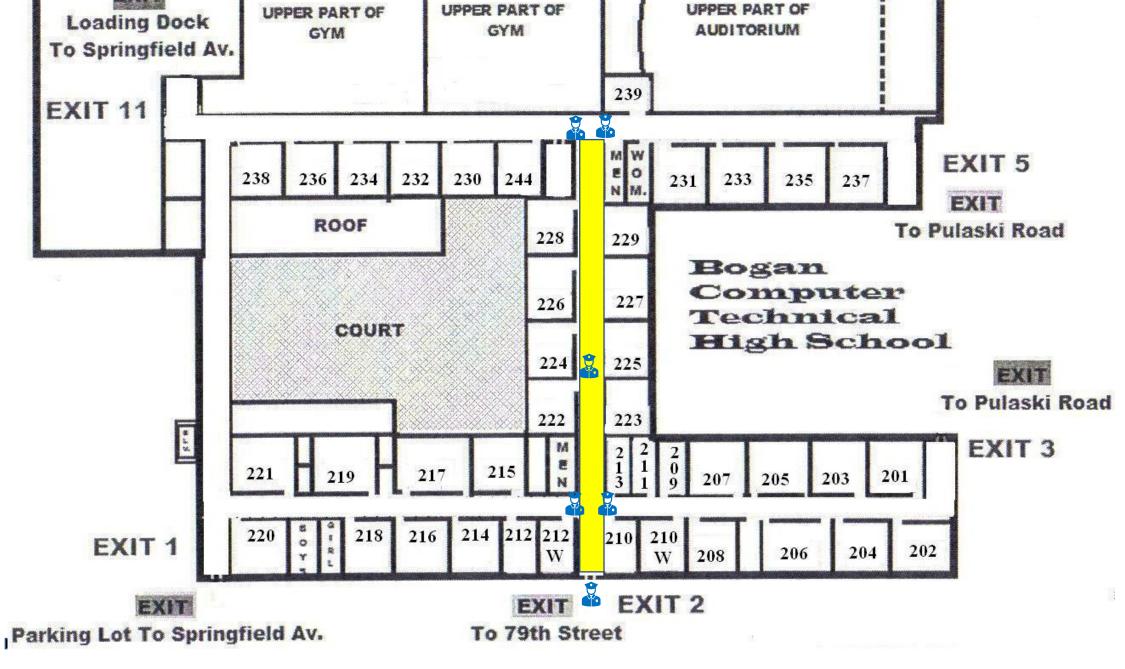
- Corridor begins at the point of threat elimination or containment
- Corridor continues along the path of wounding
- Line of sight LE presence
- LE essentially "OWNS" the space
- One officer must ensure the Protected Corridor is complete and then advise Unified Command that a Protected Corridor has been established
- Allows for rapid flow in and out of FD, does not require full "VIP" detail of RTF



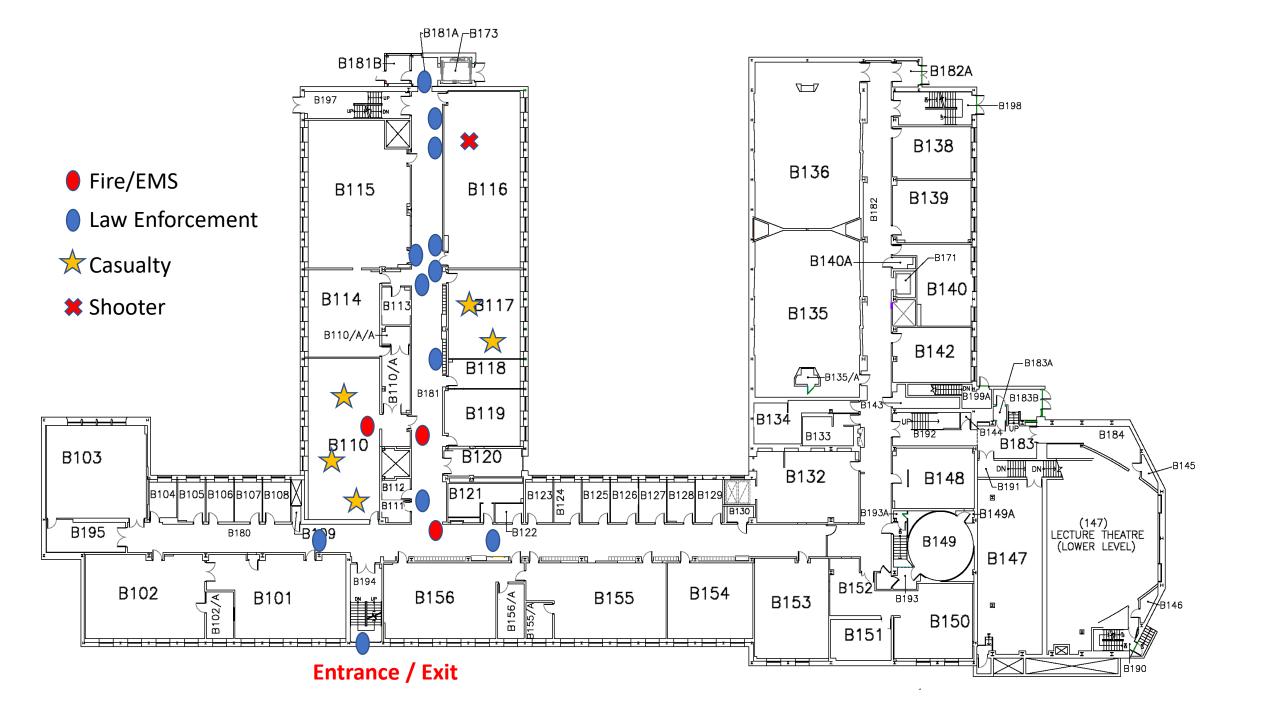
Protected Corridor Command and Control

- Established by:
 - Law Enforcement units already on scene
- Must have someone in charge
 - Ensure coverage areas are maintained
 - Serve as ad hoc Interior Division Supervisor





TRAUMA



Protected Corridor Pros / Cons

Pros

- Most efficient method to flood medical assets into the scene
- Can be established as soon as threat is down
- Can bring in heavier equipment to aid extraction
- Can move large amounts of medical personnel through the Protected Corridor

Cons

 May utilize a large amount of law enforcement assets





- Courtesy of Fire Engineering Training Minutes
- #6018253662001

How do we get to do Warm Zone care?

- Rescue Task Force
 - "Escorted Warm Zone Care"
- Protected Island
- Protected Corridor
- Law Enforcement Rescue
- Rescue Strike Team?

Each method is a "tool" in the joint response "toolbox."

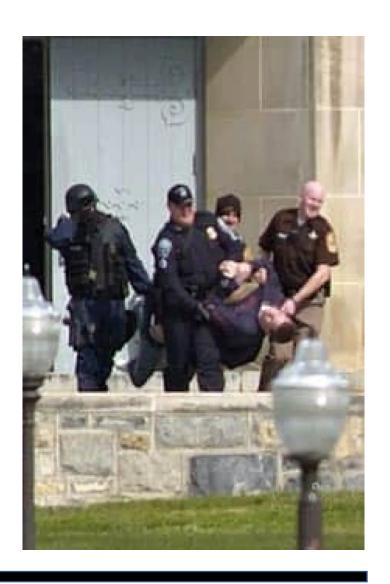
No single type is *THE* answer.



Law Enforcement Rescue



Washington Post (washingtonpost.com)





Law Enforcement Rescue

- Understanding the primary police mission
 - Eliminate or contain the threat
- Police officers may need to provide treatment and / or evacuations
 - When Fire / EMS resources are not available
 - No Warm Zone has yet been established



Law Enforcement Rescue Pros / Cons

Pros

- Hasty point of wounding care
- Can operate in a Hot Zone (based upon Safety Priorities)

Cons

- Inefficient use of resources
- Divides attention of the officers
- Limited amount of training and equipment



How do we get to do Warm Zone care?

- Rescue Task Force
 - "Escorted Warm Zone Care"
- Protected Island
- Protected Corridor
- Law Enforcement Rescue
- Rescue Strike Team?

Each method is a "tool" in the joint response "toolbox."

No single type is *THE* answer.



Rescue Strike Teams

Next tool in the ASHER toolbox?





Strike Team

- Strike Team—Multiple units, often five in number, of the same resource category that have an assigned strike team leader.
 - LE Strike Team
 - Fire/EMS Strike Team





Understanding T H R E A T



Threat Suppression

Hemorrhage Control

Rapid Extrication

Assessment by medical providers

<u>Transport to definitive care</u>





Rapid Extrication





Rescue Task Force Litter – TacMed Solutions™





Rapid Extraction







Phantom® Litter - TacMed Solutions™









Practice!!!





Aurora Fire/Police ASHER





Understanding T H R E A T



Threat Suppression

Hemorrhage Control

Rapid Extrication

Assessment by medical providers

<u>Transport to definitive care</u>





Understanding T H R E A T



Threat Suppression

Hemorrhage Control

Rapid Extrication

Assessment by medical providers

<u>Transport to definitive care</u>



Clear Path

• Initial Response

Congestion of roads for ingress/egress

Staging

• Fire/EMS

• Like vehicles together

• Law Enforcement







Transport to Definitive Care











Three Main Goals of Warm Zone Care

- Prevent Further Casualties
 - Contact Team
- Treat the Casualties
 - Rescue Task Force
 - Protected Island
 - Protected Corridor
 - Law Enforcement Rescue
 - Rescue Strike Team
- Complete the Mission
 - Definitive Care







Key Takeaways

- Getting medical care to victims within minutes. Stop the killing, stop the dying
- Tactics are driven by operational objectives and shaped by the environment
- Commitment by agency leaders that the response will be integrated, utilizing National Incident Management System as their base
- Include commitment to joint training as well as continual training



Key Takeaways

- Develop your plan
 - Don't Forget PACE
 - Primary
 - Alternate
 - Contingency
 - Emergency
- Practice your plan
- Practice your plan
- Practice your plan



Call to Action

 Include the citizen bystander-as-responder concept into training and planning



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Call to Action

- Ensure that all first-responding law enforcement officers have training and proficiency in bleeding control
- Integrate fire/rescue/EMS early into the response continuum



G E O R G I A

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"Georgia Kit"

North American Rescue

Cost per kit: \$39.98

Item #: 85-1563

Phone: 888.689.6277

Email: info@NARescue.com

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QUESTIONS?



Thank You!

