# Region 5 Regional Trauma Advisory Committee Stop the Dying: TECC Medical Skills

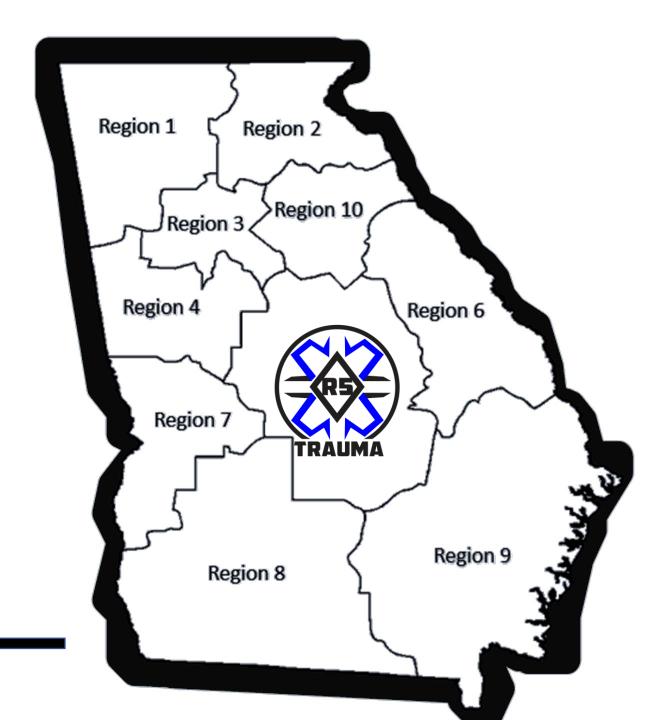
2023 Georgia Public Safety Conference Georgia Public Safety Training Center



# R5TRAUMA EDUCATION & OUTREACH TEAM

Serving Baldwin, Bibb, Bleckley, Crawford, Dodge, Hancock, Houston, Jasper, Johnson, Jones, Laurens, Monroe, Montgomery, Peach, Pulaski, Putnam, Telfair, Treutlen, Twiggs, Washington, Wheeler, Wilcox, and Wilkinson counties.

#### Welcome!



#### **Goals of TECC**

Prevent Further Casualties

Treat the Casualties

Complete the Mission







#### **Goals of TECC**

Prevent Further Casualties

Treat the Casualties

Complete the Mission







- TECC uses lessons learned from our military and applies the to the civilian world of tactical medicine
- This workshop is based on the guidance from:
  - The Committee on Tactical Emergency Casualty Care (Co-TECC)
  - The Tactical Combat Casualty Care (TCCC) program
  - American College of Surgeons STOP THE BLEED® course
  - Hartford Consensus Recommendations



#### STOP THE BLEED®

 One to Two-hour course that teaches the fundamentals of how to control bleeding from all types of trauma

## Tactical Emergency Casualty Care for Law Enforcement and First Responders (TECC-LEO)

 One-day course (lecture, skills, and scenarios) on how to provide initial medical care to self, partner, or a trauma victim



#### **Tactical Emergency Casualty Care (TECC)**

 Two-day course (lecture, skills, and scenarios) for advanced life support providers on how to respond medically to civilian tactical and all-hazards trauma events

#### **Tactical Combat Casualty Care (TCCC)**

 Two-day course (lecture, skills, and scenarios) for advanced life support providers on how to respond medically to tactical/combat situations



 This workshop will review the needed skills to provide initial care of those injured in an active shooter event

 This workshop will review strategies for establishing care priorities



#### Disclaimer

 This workshop IS NOT comprehensive Tactical Emergency Casualty Care (TECC) Course

 This course IS NOT a replacement for quality TECC-LEO or TECC training

This course IS NOT a course that provides TECC



#### **Fundamental Concepts**

Goal: Improve survival from active shooter events

Improving survival is a responsibility we all share

The only thing more tragic than a death...
 is a death that could have been prevented

----ACS - STOP THE BLEED® Course



## **Fundamental Concepts**





## "Traditional Response"

• Columbine, April 20, 1999

• Virginia Tech, April 16, 2007

• Fort Hood, Nov 5, 2009

• Sandy Hook, Dec 14, 2012

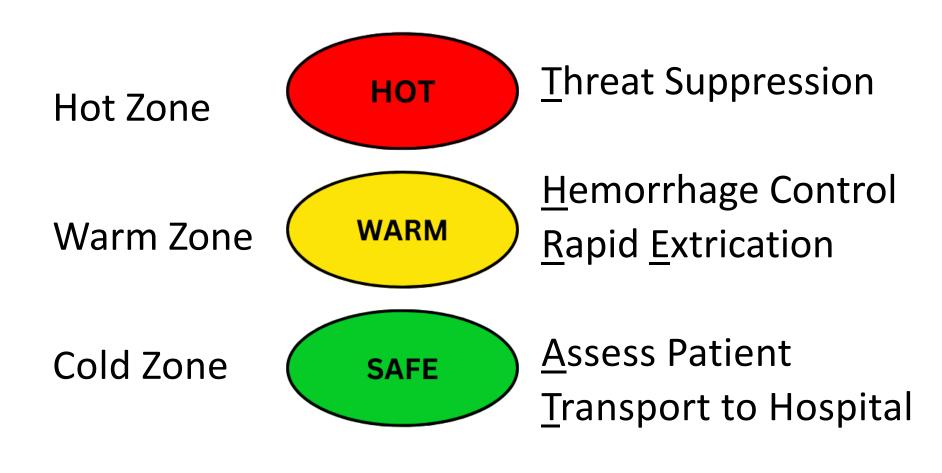
• Aurora, July 20, 2012

• Parkland, Dec 14,2018

Pulse Night Club, June 12,2016

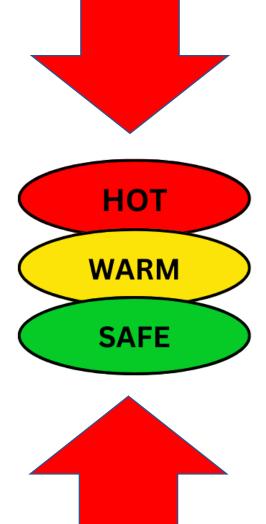
• Uvalde, May 24, 2022





Threat Suppression HOT Hot Zone **Hemorrhage Control WARM** Warm Zone Rapid Extrication **Assess Patient** Cold Zone **SAFE** 

Transport to Hospital





**Threat Suppression** 

**Hemorrhage Control** 

Rapid Extrication

Assessment by medical providers

Transport to definitive care





**Threat Suppression** 

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<u>Transport to definitive care</u>





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#### **Goals of TECC**

Prevent Further Casualties

Treat the Casualties

Complete the Mission







## **Prevent Further Casualties**

• Eliminate the Threat

Ensure Safety

 Disarming casualties as appropriate







#### **Ensure Safety - Phases of TECC**

#### Direct Threat Care (Hot Zone)

Care at scene of injury while under fire or direct threat



 Care rendered once the casualty is no longer under hostile fire or direct threat

#### **Evacuation Care (Cold Zone)**

 Care provided just prior to and during evacuation of casualty to a higher level of care.



#### **Ensure Safety - Disarming Casualties**

#### Shooter as Casualty

- Secure the shooter
- Secure the weapon
- Secure the room





#### **Ensure Safety - Disarming Casualties**

#### "Friendly" Casualties

- An armed casualty with an altered mental status (head injury, shock, hypoxia) may use weapons inappropriately.
- Secure long gun, pistols, knives, and explosives.
- Say to the casualty, "Let me hold your weapon for you while the medic checks you out."





#### **Treat the Casualties**

Massive Hemorrhage

<u>A</u>irway

<u>R</u>espirations

Circulation

**Head Injury & Hypothermia** 



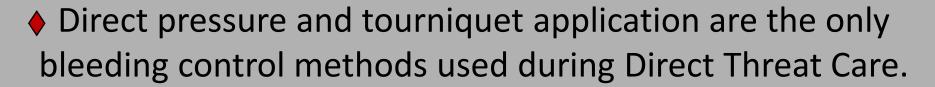




#### M.A.R.C.H. - <u>Massive Hemorrhage</u>

Control life-threatening bleeding

- Tourniquet ◆
- Direct Pressure
- Wound Packing







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Control life-threatening bleeding

- Tourniquet ◆
- Direct Pressure
- Wound Packing



♦ Direct pressure and tourniquet application are the only bleeding control methods used during Direct Threat Care.



#### M.A.R.C.H. - <u>Massive Hemorrhage</u>

#### Recommended Non-Pneumatic Limb Tourniquets

- SAM Extremity Tourniquet (SAM-XT)
- Tactical Mechanical Tourniquet (TMT)
- TX2 Tourniquet (TX2)
- TX3 Tourniquet (TX3)
- SOF Tactical Tourniquet—Wide (SOFTT-Wide)
- Combat Application Tourniquet Gen 6 (CAT-6)
- Combat Application Tourniquet Gen 7 (CAT-7)
- Ratcheting Medical Tourniquet (RMT) Tactical





#### M.A.R.C.H. - <u>Airway</u>

Establish and maintain a patent airway

- Patient Positioning
- Manual Airway Maneuvers



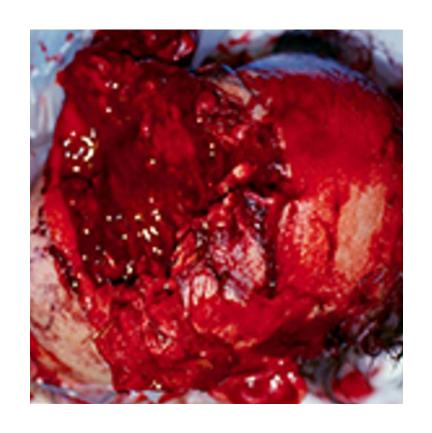
Only treatment applied during Direct Threat Care.



### M.A.R.C.H. - Airway

#### Patient Positioning •

 Casualties with severe facial injuries can often protect their own airway by sitting up and leaning forward.



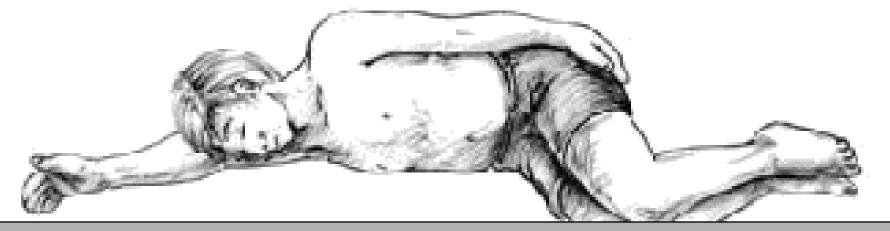
Only treatment applied during Direct Threat Care.



#### M.A.R.C.H. - Airway

Patient Positioning •

Modified Recovery Position



Only treatment applied during Direct Threat Care.





**Threat Suppression** 

**Hemorrhage Control** 

Rapid Extrication

Assessment by medical providers

Transport to definitive care

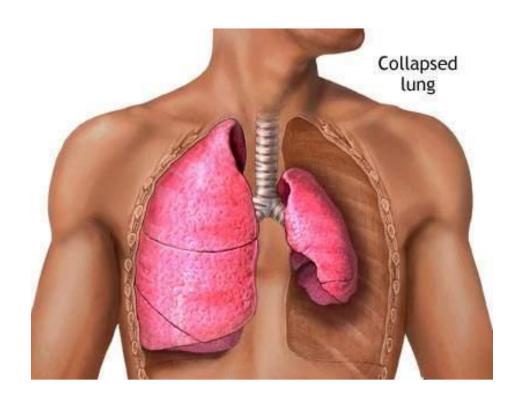


Locate and treat injuries that are causing difficulty breathing

- Expose the chest and back
- Apply a vented chest seal to all wounds to the torso







Pneumothorax is a collection of air between the lung and chest wall

 May be due to blunt or penetrating trauma

May be open or close





**Sucking Chest Wound** 





**Sucking Chest Wound** 



#### M.A.R.C.H. - Respirations





**Sucking Chest Wound** 

- Wound may interfere with ventilation.
- Treat by applying a vented chest seal over the open wound.
- Allow the casualty to adopt the sitting position if breathing is more comfortable.



#### M.A.R.C.H. - Circulation

The best indicators of shock in Indirect Threat Care phase are:

- Decreased level of consciousness (in the absence of a head injury)AND/OR
- Abnormal character of the radial pulse (weak or absent)





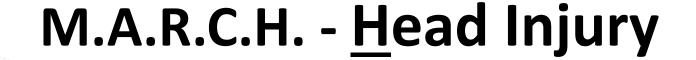
#### M.A.R.C.H. - Circulation

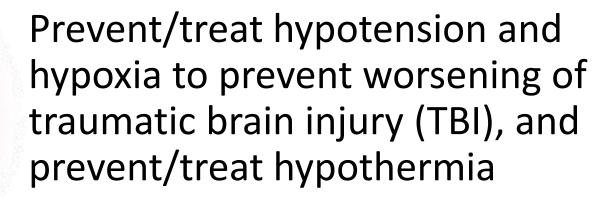
Check for signs of shock

- Does the injured person have a radial pulse? Is the casualty alert?
- Be sure all bleeding is controlled, have or help the patient lie down.







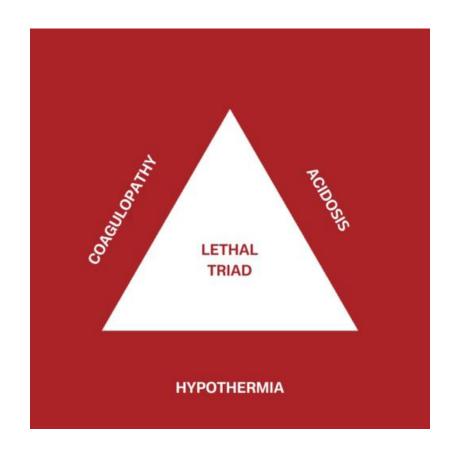




## M.A.R.C.H. - <u>Hypothermia</u>

Keep the patient warm – decreasing body temperature inhibits the body's ability to clot

Constantly reassess patient to assure bleeding is controlled, airway remains patent, and shock is treated





## Understanding T H R E A T



**Threat Suppression** 

**Hemorrhage Control** 

Rapid Extrication

Assessment by medical providers

Transport to definitive care



**Rapid Extrication** 







Foxtrot® Litter - TacMed Solutions™

Rescue Essentials Quiklitter™ Lite



#### Understanding T H R E A T



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#### **Transport to Definitive Care**











#### **Three Main Goals of TECC**

Prevent Further Casualties

Treat the Casualties

Complete the Mission







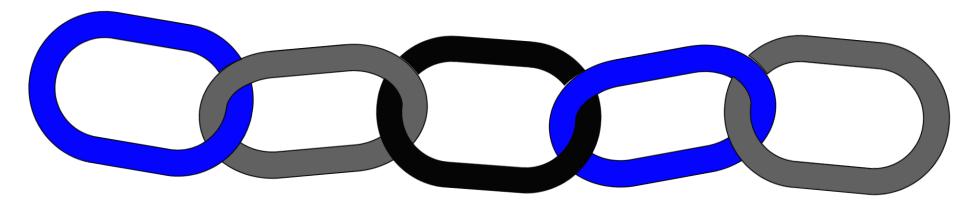
#### **Complete the Mission**

Immediate Responders

Non-Medical First Responders

Medical First Responders **Emergency Medicine** 

Trauma Surgery & Critical Care



## TECC CHAIN OF SURVIVAL



#### Who can respond and control bleeding?

Three types of responders who, when properly trained, are crucial to saving victims with severe bleeding:



#### Trauma professionals

Hospitalists; emergency department physicians, nurses, and technicians; and trauma surgeons



#### Professional first responders

Law enforcement, emergency medical service personnel, fire fighters, and rescue workers



## Immediate responders

Civilian bystanders present at the scene who perform external bleeding control for victims at the point of wounding before the arrival of professional responders

#### Call to Action

 Include the citizen bystander-as-responder concept into training and planning



GEORGIA

#### **EDUCATE • EQUIP • EMPOWER**



#### **Call to Action**

- Ensure that all first-responding law enforcement officers have training and proficiency in bleeding control
- Integrate fire/rescue/EMS early into the response continuum



G E O R G I A

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#### "Georgia Kit"

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**Cost per kit: \$49.98** 

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#### **EDUCATE • EQUIP • EMPOWER**



# https://www.surveymonkey.com/r/TECCSkills23



## QUESTIONS?

