## NATIONAL FALL PREVENTION

## **AWARENESS WEEK**



Use approved safety gates at the tops & bottoms of stairs. Keep stairs and walkways free of clutter.



Keep babies and young children securely strapped in when using high chairs, infant carriers, swings, and strollers.



Ensure kids are wearing the correct helmets and safety gear for the appropriate activity or sport.



If possible, take kids to playgrounds with shock-absorbing surfaces.











